



Assumption Catholic September Lunch Menu 2009



	1 Tony's Stuffed Sticks <i>Choice of:</i> Savory Carrots, Fresh Broccoli, Kiwi, Spiced Apple Slices	2 BBQ Rib on Bun <i>Choice of:</i> French Fries, Celery, Banana, Sliced Peaches	3 Grilled Chicken Sandwich <i>Choice of:</i> Baked Potato, Sliced Tomato, Orange Wedges, Applesauce	4 Big Daddy's Pizza <i>Choice of:</i> Corn, Baby Carrots, Grapes, Diced Pears
7 Labor Day No School	8 Chicken Patty on Bun <i>Choice of:</i> Stir Fry Veggies, Celery, Banana, Mixed Fruit	9 Beef & Cheese Burrito <i>Choice of:</i> Corn, Baby Carrots, Orange Wedges, Spiced Apple	10 Hamburger on Bun <i>Choice of:</i> Tri-Tator, Sliced Tomato, Grapes, Sliced Peaches	11 Cheesy French Bread <i>Choice of:</i> Green Beans, Lettuce, Apple Wedges, Apricots
14 Turkey & Gravy <i>Choice of:</i> Mashed Potato, Baby Carrots, Apple Wedges, Diced Peats Bread Slice	15 Nachos w/Meat & Cheese <i>Choice of:</i> Lettuce/Tomato, Kiwi, Applesauce	16 Baked Potato w/Ham & Cheese <i>Choice of:</i> Lettuce, Banana, Apricots Dinner Roll	17 Stuffed Crust Pizza <i>Choice of:</i> Corn, Fresh Broccoli, Orange Wedges, Mixed Fruit	18 BRAG-Bike Ride Around Granger Sub Sandwich Carrots, Apple Sun Chips, Cookie
21 No School	22 Sub Sandwich <i>Choice of:</i> Tri-Tator, Fresh Broccoli, Banana, Applesauce	23 Mozzerella Sticks <i>Choice of:</i> Mashed Potato, Celery, Orange Wedges, Diced Pears	24 Sausage Pizza <i>Choice of:</i> Stir Fry Veggies, Sliced Tomato, Grapes, Apricots	25 Grilled Cheese Sandwich <i>Choice of:</i> Corn, Baby Carrots, Apple Wedges, Mixed Fruit
28 Hamburger on Bun <i>Choice of:</i> French Fries, Fresh Broccoli, Apple Wedges, Sliced Peaches	29 Soft Shell Taco <i>Choice of:</i> Refried Beans, Lettuce/Tomato, Kiwi, Applesauce	30 Spaghetti w/Meat Sauce <i>Choice of:</i> Corn, Baby Carrots, Banana, Diced Pears Bread Slice		



Meal Prices
Student: \$2.50
Reduced: \$.40
Adult: \$3.00
Extra Entree: \$1.75
Extra Milk: \$.25

**Choice of 1%, Fat Free
 White or
 Fat Free Chocolate Milk
 with every meal.**



Second Choice Entree
Chef's Salad
Monday
Wednesday
Friday

Yogurt Lunch
Tuesday
Thursday

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