Assumption Catholic
October Lunch Menu
2010

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Grilled Cheese Sandwich *Choice of:* Tomato Soup, Corn Baby Carrots, Apple Wedges Pineapple Tidbits
4 Hamburger on Bun *Choice of:* French Fries, Fresh Broccoli Apple Wedges, Sliced Peaches	5 Soft Shell Taco *Choice of:* Tri-Tater, Lettuce/Tomato Cup Kiwi, Applesauce	6 Spaghetti w/ Meat Sauce *Choice of:* Corn, Baby Carrots Banana, Diced Pears	7 Chicken Patty on Bun *Choice of:* Mashed Potato w/Gravy, Sliced Tomato, Orange Wedges Pineapple Tidbits, Cookie	8 Fish Sandwich *Choice of:* Baked Potato, Lettuce Salad Fresh Grapes, Mandarin Oranges
11 Chicken Nuggets *Choice of:* Mashed Potato w/Gravy Fresh Carrots, Kiwi, Hot Apple Slices Corn Bread	12 Pancakes, Sausage, Eggs *Choice of:* Tri-Tater, Sliced Tomatoes, Orange Juice Apple Sauce	13 Hot Dog on Bun *Choice of:* Baked Beans, Lettuce Salad Orange Wedges, Sliced Peaches	14 Chili *Choice of:* Fresh Broccoli, Grapes Diced Pears Cinnamon Roll	15 Macaroni & Cheese *Choice of:* Green Beans, Cucumber Slices Apple Wedges, Mandarin Orange WW Bread, Frosted Cake
18 Tater Tot Casserole *Choice of:* Cucumber Slices, Apple Wedges Mandarin Oranges	19 Tony's Stuffed Sticks *Choice of:* Green Beans, Fresh Broccoli Kiwi, Apple Crisp	20 BBQ Rib Patty on Bun *Choice of:* French Fries, Lettuce Salad Gelatin w/Banana, Sliced Peaches	21 Grilled Chicken Sandwich *Choice of:* Baked Potato, Sliced Tomato Orange Wedges, Applesauce	22 Big Daddy's Cheese Pizza *Choice of:* Corn, Fresh Carrots Grapes, Diced Pears
25 Chicken Fried Steak *Choice of:* Mashed Potato w/gravy, Fresh Broccoli, Kiwi Mandarin Orange, Dinner Roll	26 Chicken Patty On Bun *Choice of:* Stir Fry Veggies, Cucumber Slices Banana, Apple Sauce	27 Chili Crispito *Choice of:* Corn, Fresh Carrots, Orange Wedges Spiced Apple Slices, Cookie	28 Hamburger on Bun *Choice of:* Tri-Tater, Sliced Tomato, Fresh Grapes, Sliced Peaches	29 Cheesy French Bread *Choice of:* Green Beans, Lettuce Salad Apple Wedges, Pineapple Tidbits

Choice of 1%, Fat Free White or Fat Free Chocolate Milk with every meal. Extra Milk $ .30.

Meal Prices
Student: $2.50
Adult: $3.00
Extra Entree: $1.75
Extra Milk: $ .30

Second Choice Entree
Chef's Salad
Monday
Wednesday
Friday

Yogurt Lunch
Tuesday
Thursday

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