

Assumption Catholic September Lunch Menu 2010



Monday

Tuesday

Wednesday

Thursday

Friday

		1 Hot Dog on Bun <i>Choice of:</i> Baked Beans, Lettuce Salad Orange Wedges, Sliced Peaches	2 Chili <i>Choice of:</i> Fresh Broccoli, Grapes Diced Pears Cinnamon Roll	3 Macaroni & Cheese <i>Choice of:</i> Green Beans, Cucumber Slices Apple Wedges, Mandarin Orange WW Bread, Frosted Cake
6 Labor Day No School	7 Field Trip Sack Lunch Sub Sandwich Carrots, Apple Sun Chips, Cookie	8 BBQ Rib Patty on Bun <i>Choice of:</i> French Fries, Lettuce Salad Gelatin w/Banana, Sliced Peaches	9 Grilled Chicken Sandwich <i>Choice of:</i> Baked Potato, Sliced Tomato Orange Wedges, Applesauce	10 No School
13 Chicken Fried Steak <i>Choice of:</i> Mashed Potato w/gravy, Fresh Broccoli, Kiwi Mandarin Orange, Dinner Roll	14 Chicken Patty On Bun <i>Choice of:</i> Stir Fry Veggies, Cucumber Slices Banana, Apple Sauce	15 Chili Crispito <i>Choice of:</i> Corn, Fresh Carrots, Orange Wedges Spiced Apple Slices, Cookie	16 Hamburger on Bun <i>Choice of:</i> Tri-Tater, Sliced Tomato, Fresh Grapes, Sliced Peaches	17 Cheesy French Bread <i>Choice of:</i> Green Beans, Lettuce Salad Apple Wedges, Pineapple Tidbits
20 Turkey Gravy/Mashed Potato <i>Choice of:</i> Fresh Carrots, Apple Wedges Diced Pears, WW Bread	21 Nachos/Meat & Cheese <i>Choice of:</i> Lettuce/Tomato Cup, Kiwi Applesauce	22 Baked Potato/Ham & Cheese <i>Choice of:</i> Fresh Broccoli, Banana Mandarin Oranges	23 Stuffed Crust Pizza <i>Choice of:</i> Corn, Lettuce Salad Orange Wedges, Pineapple Tidbits	24 BRAG Bike Ride Around Granger Sub Sandwich Carrots, Apple Sun Chips, Cookie
27 Sloppy Joe on Bun <i>Choice of:</i> Green Beans, Cucumber Slices Kiwi, Sliced Peaches	28 Sub Sandwich <i>Choice of:</i> Tri-Tater, Fresh Broccoli Banana, Apple Sauce	29 Crispy Chicken Wrap <i>Choice of:</i> Mashed Potato w/gravy Tomato Slices, Shredded Lettuce Orange Wedges, Diced Pears	30 Sausage Pizza <i>Choice of:</i> Stir Fry Veggies, Lettuce Salad Grapes, Apple Crisp	



Meal Prices
Student: \$2.50
Adult: \$3.00
Extra Entree: \$1.75
Extra Milk: \$.30

Choice of 1%, Fat Free
White or
Fat Free Chocolate Milk
with every meal.
Extra Milk \$.30.



Second Choice Entree
Chef's Salad
Monday
Wednesday
Friday

Yogurt Lunch
Tuesday
Thursday

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue S.W., Washington, D.C. 20250-4302. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, (TTY). USDA is an equal opportunity provider and employer.